



Agency for Healthcare
Research and Quality

The SHARE Approach: A Model for Shared Decisionmaking - Fact Sheet

The SHARE Approach is a five-step process for shared decisionmaking that includes exploring and comparing the benefits, harms, and risks of each option through meaningful dialogue about what matters most to the patient.



Shared decisionmaking occurs when a health care provider and a patient work together to make a health care decision that is best for the patient. The optimal decision takes into account evidence-based information about available options, the provider's knowledge and experience, and the patient's values and preferences.

Both health care professionals and patients benefit from using shared decisionmaking.

Benefits to Health care Professionals:

- Improved quality of care delivered.
- Increased patient satisfaction.

Benefits to Patients:

- Improved patient experience of care.
- Improved patient adherence to treatment recommendations Using the SHARE Approach builds a trusting and lasting relationship between health care professionals and patients.

SHARE Approach Resources

The Agency for Healthcare Research and Quality (AHRQ) provides a collection of tools and training resources to support the implementation of shared decisionmaking in practice. Refer to the [AHRQ Shared Decision Making Toolkit Web site](#) to locate resources such as:

[SHARE Approach Workshop Curriculum](#): Collection of training guides, slides, videos, and other resources to support the training of health care professionals on shared decisionmaking and SHARE Approach implementation

[SHARE Approach Tools](#): Collection of reference guides, posters, and other resources designed to support AHRQ's SHARE Approach implementation

[SHARE Approach Webinars](#): Accredited webinars that review topics related to the implementation of patientcentered outcomes research in shared decisionmaking

[SHARE Approach Success Stories](#): AHRQ's SHARE Approach tools and resources are used by organizations nationwide to implement shared decisionmaking in health care. These case studies highlight stories of successes and best practices by describing the use and impact of the AHRQ's SHARE Approach strategies and tools by health systems, clinicians, academicians, and other professionals.

These resources provide health care professionals with the training and tools they need to implement the SHARE Approach in their practice.

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ALTERNATE FORMATS

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