

# Isolation Precautions: Personal Protective Equipment (Pediatric) – CE

## CHECKLIST

**S** = Satisfactory    **U** = Unsatisfactory    **NP** = Not Performed

Step	S	U	NP	Comments
Performed hand hygiene before patient contact.				
Reviewed the patient’s medical history (if available) for possible indications for isolation, such as risk factors for TB, a major draining wound, diarrhea, or a purulent productive cough.				
Reviewed the precautions for the specific isolation criteria, including appropriate PPE to apply.				
Reviewed the patient’s laboratory test results, if applicable.				
Determined whether the patient had a known latex allergy.				
Determined if the patient needed to be moved to a negative-pressure AIIR.				
Chose isolation precautions based on the patient’s signs and symptoms and diagnosis.				
Provided proper PPE access and signage as needed.				
Prevented extra trips in and out of the room; gathered all needed equipment and supplies before entering the room.				
Provided dedicated equipment to be used only by the patient.				
Performed hand hygiene.				
Donned an isolation gown.				
1. Ensured that the gown covered the torso from the neck to the knees and from the arms to the end of the wrists and that it wrapped around the back.				
2. Pulled the sleeves of the gown down to the wrists.				
3. Fastened the gown securely at the back of the neck and the waist.				
Donned either a surgical mask or a fitted N95 respirator around the mouth and nose.				
1. Secured the ties or elastics at the middle of the head and neck or the elastic ear loops around the ears.				
2. Fit the flexible band to the nose bridge.				

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3. Ensured that the mask fit snugly on the face and below the chin.				
4. If using a PAPR, followed the manufacturer’s instructions for use.				
Donned eye protection around the face and eyes. Adjusted to fit.				
Donned gloves, bringing the glove cuffs over the edge of the gown sleeves.				
Entered the patient’s room, closed the door, and arranged the supplies and equipment.				
Introduced self to the patient and family.				
Verified the correct patient using two identifiers.				
Explained the procedure to the patient and family and ensured that the patient agreed to treatment.				
Provided care to the patient while maintaining precautions.				
1. Kept hands away from own face.				
2. Limited touching surfaces in the room.				
3. Removed gloves when torn or heavily contaminated, performed hand hygiene, and donned a clean pair of gloves.				
Collected any ordered specimens.				
1. In the presence of the patient, labeled the specimen per the organization’s practice.				
2. Placed the labeled specimen in a biohazard bag.				
At the door, had another health care team member hold a biohazard bag into which the specimen was placed.				
Discarded linen, trash, and disposable items. At the completion of the procedure, ensured that all choking hazards were removed from the patient’s linens and placed in the appropriate receptacle.				
Used single bags that were sturdy and impervious to moisture to contain soiled articles. Double-bagged heavily soiled linen or heavy, wet trash if necessary. Ensured that linens or waste were totally contained.				

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Tied the bags securely at the top with a knot.				
Removed all reusable pieces of equipment and thoroughly disinfected reusable equipment brought into the room. Ensured that equipment was disinfected with an organization-approved disinfectant when it was removed from the room and before it was used on another patient.				
After providing patient care, doffed PPE in a designated area by the door or in an anteroom. If an anteroom was in use, left the isolation room and closed the door to doff PPE.				
<b>Doffing PPE Option 1: Removal of PPE, if Using a Reusable Gown</b>				
Removed gloves. If the hands became contaminated during glove removal, or any other step in the PPE doffing procedure, immediately performed hand hygiene.				
1. Using a gloved hand, grasped the palm area of the other gloved hand and peeled off the first glove.				
2. Held the removed glove in the gloved hand.				
3. Slid the fingers of the ungloved hand under the remaining glove at the wrist.				
4. Peeled the second glove off over the first glove.				
Discarded gloves in the proper container.				
Removed eye protection from the back by lifting the headband or earpieces. Discarded eye protection in the proper container or placed it in an appropriate container for disinfection.				
Removed the gown.				
1. Unfastened the gown's neck ties and waist ties, taking care that the sleeves did not make contact with the body when reaching for the ties.				
2. Pulled the gown away from the neck and shoulders, touching the inside of the gown only.				
3. Turned the gown inside-out and folded it into a bundle.				

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Placed the gown in a designated laundry receptacle.				
Removed the face mask.				
1. Removed the elastic loops from the ears and pulled the mask away from the face or untied the bottom ties or grasped the elastics and then the top ties or elastics and pulled the mask away from the face. Discarded the mask in the proper receptacle.				
2. For reuse, left the patient care area and carefully folded the face mask, keeping the outer surface held inward and against itself to reduce contact with the outer surface during storage. Stored the mask between uses in a clean, sealable paper bag or breathable container. Did not touch the outer surface of the face mask.				
Performed hand hygiene.				
Left the room and closed the door. If an anteroom was used, ensured that both doors to the anteroom were never open at the same time.				
<b>Doffing PPE Option 2: Removal of PPE, if Using a Disposable Gown</b>				
Removed gown and gloves. If the hands became contaminated during glove removal, or any other step in the PPE doffing procedure, immediately performed hand hygiene.				
1. Grasped the gown in the front and pulled it away from the body so that the ties broke; touched the outside of the gown only with gloved hands.				
2. While removing the gown, folded or rolled it inside-out into a bundle, peeling off the gloves at the same time, touching only the inside of the gloves and gown with bare hands.				
Discarded the gown and gloves in the proper receptacle.				
Removed eye protection from the back by lifting the headband or earpieces. Discarded the eye protection in the proper receptacle.				
Removed the face mask.				

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1. Removed the elastic loops from the ears and pulled the mask away from the face or untied the bottom ties or grasped the bottom elastics and then the top ties or elastics and pulled the mask away from the face. Discarded the mask in the proper receptacle.				
2. For reuse, left the patient care area and carefully folded the face mask, keeping the outer surface held inward and against itself to reduce contact with the outer surface during storage. Stored the mask between uses in a clean, sealable paper bag or breathable container. Did not touch the outer surface of the face mask.				
Performed hand hygiene.				
Left the room and closed the door. If an anteroom was used, ensured that both doors to the anteroom were never open at the same time.				
<b>Doffing the N95 Respirator or PAPR: Airborne Isolation</b>				
If the patient was in airborne isolation, removed the N95 respirator or PAPR after doffing all other PPE.				
1. To remove the mask, grasped the bottom ties or elastics and then the top ties or elastics and pulled the mask away from the face. Did not touch the outer surface of the mask.				
2. If the patient was on contact and airborne isolation, discarded the N95 respirator in the proper waste container.				
3. Stored respirators between uses in a clean, breathable container (e.g., paper bag), in a dry place, and out of direct sunlight. Discarded the respirator if it became wet or damaged. Used caution not to crush the mask. Did not leave the mask hanging around the neck.				
4. Removed, disinfected, and stored the PAPR per the manufacturer's instructions for use.				

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5. Performed hand hygiene.				
Left the anteroom and closed the door.				
<b>Completing the Procedure</b>				
Ensured that specimens were transported to the laboratory per the organization's practice.				
Documented the procedure in the patient's record.				

Learner: \_\_\_\_\_ Signature: \_\_\_\_\_

Evaluator: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_